**Utah Rural Opioid Healthcare Consortium (UROHC) - Carbon/Emery**

**April 26, 2019 10:00 am - 2:00 pm**

**Four Corners Community Behavioral Health Admin.**

**AGENDA**

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| 10:00-10:05 | **WELCOME AND INTRODUCTION*****Jeanie Willson*** ***Jac’lyn Bera******Sabrina Carter******Joe Morrison******Karen Dolan*** ***Paula Dunham******Samantha Thompson******Debbie Marvidikis******Rachael Morrow******Ashley Yaugher******Lowell Morris******UROHC Planning Calendar -*** ***Outstanding member -*** |
| 10:05-10:15 | **REVIEW AND FOLLOW UP FROM PREVIOUS MEETING*****Updates from previous meeting******Samantha Thompson - 211 and SUD/OUD Resources**** Been meeting over the past month - 211 federal personal for resources on SUD/OUD
	+ Called in to test the resources available and currently there are none listed in the areas of Carbon, Emery, Beaver. Those calling in are sent to MATR or Provo.
	+ 211 is often promoted but currently lacks the actual ability to help
		- Spreadsheet on the way from Debbie and Ashley
	+ Is 211 live or recorded?
		- Currently a recording that then goes to a person it is also coupled with a website
		- Has enter zipcode
	+ DEBBIE: Send Sam Opioid resources print
		- SAMANTHA: follow up with these resources

***Samantha Thompson - Project ECHO**** Stipends due April 29th
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| 10:15-10:40 | **CARBON MEDICAL PRESENTATION*****Joe Morrison**** Two clinics with 6 providers with MAT
	+ Vivitrol is more favored than Suboxone
		- Helper doesn’t have samples, East Carbon does have samples
			* Should start stocking - SABRINA says there is a new drug rep on the way and she will connect him to Helper Medical and Green River Medical
	+ SABRINA Q: what type of training have they undergone?
* Social Worker available
	+ Approx. 120 suboxone patients
		- Dylan can care: 100 patients
		- Other in the process of reaching this waiver
			* 24 hrs of CE credit
				+ With maintenance credits

i.e. ESBIRT* Seeing changes in the culture of people seeking treatment
	+ - “They come in wanting to [stop using]”
		- Most successful are the ones that are buying off the street and then transitioning to legal prescription
	+ KAREN: What are the thoughts on Diversion?
		- Beech Tree? - Carbon medical is using this system
* KAREN: Worried about prescription levels and pain?
	+ A: Yes- the decrease in access to the pain medications that were previously in excess pushes for a greater risk in street use
		- Morphine and Heroin equivalent
			* Hyper-analgesic states
				+ CDC- 50 morphine equivalents

Short term- work wellLong term- ineffective* + - * + Most people are not aware of the dosage and that they are using opioids even if the medication doesn’t “state” that its an opioid.
* Carbon Medical has received grant for Alternative Pain
	+ Is accessible for all people coming into the clinic
		- Pro-rehab and Matsuda are partnering with to do it.
	+ Do they need to do a referral process?
* Partnering with USU HEART for Opioid education with the VA
	+ Was originally piloted for veterans but will be applied to whole community
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| 10:40-10:50 | **JULY SUMMIT UPDATE*****Ashley Yaugher**** Potentially 12 credits available for the summit
* Speakers being assembled
	+ Recovery persons, families
	+ Bringing in the professionals to talk about patient centered care, resources, booths, lists of resources
* 18th- community dinner
* 300 attendees (projected)
* Communities and loved ones, suicide prevention, multiple ways to recovery, Providers and veterans
* FCCBH might be donating swag - await response
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| 10:50-11:05 | **IMPLEMENTATION*****FFY20 Implementation Grant******Supporting Organizations*** ***Consortium Members - signatures*** |
| 11:05-11:15 | **HEALTH INSIGHT** ***Adrienne Butterwick*** ***May 22 & 23 Controlled Substance Database and Opioid Safety*** ***Education at Castleview Hospital**** Received a grant to be able to present education on Opioid safety and the Controlled Substance Use Database
* NP and PA session on the evening on May 22nd @6pm
* May 23rd Dentists specific training
* Continuing Ed. credit will be available
* Will be present at the July Summit
* Mandatory use of the Controlled Substance Use Database which is being presented on those days in May
	+ Hoping to present more of this in the future and have UROHC be able to disperse this information
		- Workflows, CSD applied use
		- Access and information for providers in the simplest form
* Will send Flyers to Jeanie and will be sending out the flyers for those days (via consortium email)
* Grant is looking to be extended - more info to come in July
	+ Is currently working with Carbon County and Wasatch front
* Providers from any areas can attend these events
	+ Specifically in the areas that have not been accessed by Intermountain Healthcare or the University of Utah
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| 11:15-1:50 | **STRATEGIC PLANNING PROCESS*****Consider Survey Results******Plan to respond to opportunities and Gaps**** ***Refer to “NOTES: UROHC Readiness Tool and Needs Assessment-Carbon/Emery”***
	+ ***Was accompanied by the “Guidance on Strategic Plan”***
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| 1:50-1:55 | **WORK TIME AND FOLLOW UP*****Consortium Assignments*** |
| 1:55-2:00 | **MAY MEETING ITEMS*****Location: FCCBH Admin******Date/Time: May 31, 2019 10:00-2:00******Strategic Plan (opportunities/gaps)******Green River Medical/EMDR Presentation - Paula Dunham and Amber Fowler, CMHC (45 minutes)******July Healthcare Summit*** |