**Utah Rural Opioid Healthcare Consortium (UROHC) - Carbon/Emery**

**April 26, 2019 10:00 am - 2:00 pm**

**Four Corners Community Behavioral Health Admin.**

**AGENDA**

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| 10:00-10:05 | **WELCOME AND INTRODUCTION**  ***Jeanie Willson***  ***Jac’lyn Bera***  ***Sabrina Carter***  ***Joe Morrison***  ***Karen Dolan***  ***Paula Dunham***  ***Samantha Thompson***  ***Debbie Marvidikis***  ***Rachael Morrow***  ***Ashley Yaugher***  ***Lowell Morris***  ***UROHC Planning Calendar -***  ***Outstanding member -*** |
| 10:05-10:15 | **REVIEW AND FOLLOW UP FROM PREVIOUS MEETING**  ***Updates from previous meeting***  ***Samantha Thompson - 211 and SUD/OUD Resources***   * Been meeting over the past month - 211 federal personal for resources on SUD/OUD   + Called in to test the resources available and currently there are none listed in the areas of Carbon, Emery, Beaver. Those calling in are sent to MATR or Provo.   + 211 is often promoted but currently lacks the actual ability to help     - Spreadsheet on the way from Debbie and Ashley   + Is 211 live or recorded?     - Currently a recording that then goes to a person it is also coupled with a website     - Has enter zipcode   + DEBBIE: Send Sam Opioid resources print     - SAMANTHA: follow up with these resources   ***Samantha Thompson - Project ECHO***   * Stipends due April 29th |
| 10:15-10:40 | **CARBON MEDICAL PRESENTATION**  ***Joe Morrison***   * Two clinics with 6 providers with MAT   + Vivitrol is more favored than Suboxone     - Helper doesn’t have samples, East Carbon does have samples       * Should start stocking - SABRINA says there is a new drug rep on the way and she will connect him to Helper Medical and Green River Medical   + SABRINA Q: what type of training have they undergone? * Social Worker available   + Approx. 120 suboxone patients     - Dylan can care: 100 patients     - Other in the process of reaching this waiver       * 24 hrs of CE credit         + With maintenance credits   i.e. ESBIRT   * Seeing changes in the culture of people seeking treatment   + - “They come in wanting to [stop using]”     - Most successful are the ones that are buying off the street and then transitioning to legal prescription   + KAREN: What are the thoughts on Diversion?     - Beech Tree? - Carbon medical is using this system * KAREN: Worried about prescription levels and pain?   + A: Yes- the decrease in access to the pain medications that were previously in excess pushes for a greater risk in street use     - Morphine and Heroin equivalent       * Hyper-analgesic states         + CDC- 50 morphine equivalents   Short term- work well  Long term- ineffective   * + - * + Most people are not aware of the dosage and that they are using opioids even if the medication doesn’t “state” that its an opioid. * Carbon Medical has received grant for Alternative Pain   + Is accessible for all people coming into the clinic     - Pro-rehab and Matsuda are partnering with to do it.   + Do they need to do a referral process? * Partnering with USU HEART for Opioid education with the VA   + Was originally piloted for veterans but will be applied to whole community |
| 10:40-10:50 | **JULY SUMMIT UPDATE**  ***Ashley Yaugher***   * Potentially 12 credits available for the summit * Speakers being assembled   + Recovery persons, families   + Bringing in the professionals to talk about patient centered care, resources, booths, lists of resources * 18th- community dinner * 300 attendees (projected) * Communities and loved ones, suicide prevention, multiple ways to recovery, Providers and veterans * FCCBH might be donating swag - await response |
| 10:50-11:05 | **IMPLEMENTATION**  ***FFY20 Implementation Grant***  ***Supporting Organizations***  ***Consortium Members - signatures*** |
| 11:05-11:15 | **HEALTH INSIGHT**  ***Adrienne Butterwick***  ***May 22 & 23 Controlled Substance Database and Opioid Safety***  ***Education at Castleview Hospital***   * Received a grant to be able to present education on Opioid safety and the Controlled Substance Use Database * NP and PA session on the evening on May 22nd @6pm * May 23rd Dentists specific training * Continuing Ed. credit will be available * Will be present at the July Summit * Mandatory use of the Controlled Substance Use Database which is being presented on those days in May   + Hoping to present more of this in the future and have UROHC be able to disperse this information     - Workflows, CSD applied use     - Access and information for providers in the simplest form * Will send Flyers to Jeanie and will be sending out the flyers for those days (via consortium email) * Grant is looking to be extended - more info to come in July   + Is currently working with Carbon County and Wasatch front * Providers from any areas can attend these events   + Specifically in the areas that have not been accessed by Intermountain Healthcare or the University of Utah |
| 11:15-1:50 | **STRATEGIC PLANNING PROCESS**  ***Consider Survey Results***  ***Plan to respond to opportunities and Gaps***   * ***Refer to “NOTES: UROHC Readiness Tool and Needs Assessment-Carbon/Emery”***    + ***Was accompanied by the “Guidance on Strategic Plan”*** |
| 1:50-1:55 | **WORK TIME AND FOLLOW UP**  ***Consortium Assignments*** |
| 1:55-2:00 | **MAY MEETING ITEMS**  ***Location: FCCBH Admin***  ***Date/Time: May 31, 2019 10:00-2:00***  ***Strategic Plan (opportunities/gaps)***  ***Green River Medical/EMDR Presentation - Paula Dunham and Amber Fowler, CMHC (45 minutes)***  ***July Healthcare Summit*** |