

# Utah Rural Opioid Healthcare Consortium (UROHC)

February 11, 2019

10:00 am-1:00 pm

## AGENDA

10:00-10:05	<p><b>WELCOME</b></p> <p><i>UROHC Planning Calendar</i></p> <ul style="list-style-type: none"><li>• <i>Jeanie Willson</i></li><li>• <i>Kasey Shakespear</i></li><li>• <i>Paul Marshall</i></li><li>• <i>Cody Matheson</i></li><li>• <i>Donna Garrison</i></li><li>• <i>Samantha Thompson</i></li><li>• <i>Marcie Gray - USARA</i></li><li>• <i>Branon Johnson</i></li><li>• <i>Lori Wright</i></li><li>• <i>Mark Evans</i></li><li>• <i>Janet Neilson</i></li></ul>
10:05-10:15	<p><b>REVIEW FROM PREVIOUS MEETINGS</b></p> <ul style="list-style-type: none"><li>• <i>Follow up on questions and assignments</i><ul style="list-style-type: none"><li>○ <i>Samantha - Came up and went around business to hand out flyers and collect donations</i><ul style="list-style-type: none"><li>■ <i>Beaver Blogshop a good way to connect to community</i></li><li>■ <i>Had some good traction, people felt like opioids are a problem.</i></li></ul></li></ul></li></ul>
10:15-10:45	<p><b>USARA PRESENTATION</b></p> <p><i>Cody Matheson - Recovery Coach</i></p> <ul style="list-style-type: none"><li>• <i>USARA - Not treatment, they do recovery peer coaching.</i><ul style="list-style-type: none"><li>○ <i>Coaches focus on long-term recovery</i><ul style="list-style-type: none"><li>■ <i>Allows them to connect better with individuals</i></li></ul></li><li>○ <i>Celebrate, advocate, and support people in recovery</i></li><li>○ <i>Certified Peer Support Specialists</i><ul style="list-style-type: none"><li>■ <i>Advantage - they are trained and certified with over 40 hours of training and 100 practicum.</i></li></ul></li><li>○ <i>Cody supervises other peer support specialists but is certified to treat as are some other employees (Marcey Gray)</i></li><li>○ <i>USARA does do lobbying and advocates for those in recovery (events like rally for recovery at the capital (2/20)</i></li><li>○ <i>Empower people by being person centered (person scribed)</i><ul style="list-style-type: none"><li>■ <i>The do whatever the person needs, not just standard treatments as has been the model previously</i></li><li>■ <i>Good fit in a rural area where resources may be limited.</i></li></ul></li><li>○ <i>Working with Cedar and Beaver hospital for medication assisted recovery, also works with family health care and shadow mountain detox hospital.</i></li></ul></li></ul>

	<ul style="list-style-type: none"> <li>■ <i>Connects with recovering addicts to discover the direction they want to go.</i></li> <li>○ <i>They also work with social detox at switchpoint.</i></li> <li>○ <i>Get calls regularly to help and are able to make a lot of connections and help significantly.</i></li> <li>○ <i>Want to create a dedicated asset in Beaver to have a local presence and have a boots on the ground here.</i></li> <li>○ <i>Can be friends with someone who is a peer support coach but can't as a treatment counselor.</i></li> <li>○ <i>Beaver has AA meetings but doesn't see as strong of results</i> <ul style="list-style-type: none"> <li>■ <i>AA is a little tainted in the county</i></li> <li>■ <i>Washington has "addict athlete" that Beaver wants to bring in.</i></li> </ul> </li> <li>○ <i>Look at expanding USARAs reach into Duchesne, Uintah, and Beaver counties as part of the implementation grant.</i></li> <li>○ <i>There has been a rift between the hospital and Southwest Behavioral Health</i></li> </ul>
10:45-11:00	<p><b>PROJECT ECHO STIPENDS</b></p> <ul style="list-style-type: none"> <li>● <i>Who is eligible</i> <ul style="list-style-type: none"> <li>○ <i>MD or DO, Dentists, PAs, Podiatrists, Pharmacists, APRNs, LCSW, SSW, MSW, MFC</i></li> </ul> </li> <li>● <i>How much is the stipend</i> <ul style="list-style-type: none"> <li>○ <i>\$50/hr of training attended</i></li> </ul> </li> <li>● <i>How to get the stipends</i> <ul style="list-style-type: none"> <li>○ <i>Register with UROHC and Project ECHO, attend the trainings, complete form and Mail it to Rita Osborn with W9.</i></li> </ul> </li> <li>● <i>How many times they can attend</i> <ul style="list-style-type: none"> <li>○ <i>Really don't have a minimum right now, but we will monitor and adjust as necessary</i></li> </ul> </li> </ul>
11:00-11:30	<p><b>PROJECT ECHO PRESENTATION</b></p> <p><i>Christine Choate - Lead Program Coordinator Project ECHO</i></p> <ul style="list-style-type: none"> <li>● <i>Info about Opioids, Addiction, &amp; Pain ECHO</i></li> <li>● <i>How to join via Zoom</i></li> <li>● <i>How to submit a case</i> <ul style="list-style-type: none"> <li>○ <i>Add providers to calendar invites (Christina can help)</i></li> <li>○ <i>Christina can verify participants (there are situations where they joined on cell phone or don't put in their name, so this won't be a perfect system)</i> <ul style="list-style-type: none"> <li>■ <i>May need to adjust requirements that the clearly identify themselves and on proper hardware.</i></li> </ul> </li> <li>○ <i>We will send list of those who say they watched videos to Christina for her tracking purposes.</i></li> </ul> </li> <li>● <i>There will be a break for the Project ECHO opioid, addiction, and pain ECHO, looking at two options, one to keep it as is the other to roll it back into behavioral health and will hold it weekly with specific modules for the topic.</i> <ul style="list-style-type: none"> <li>○ <i>Will know in the next month what direction they are going.</i></li> <li>○ <i>Sounds like they are leaning toward going back into</i></li> </ul> </li> </ul>

	<p><i>behavioral health (would restart in October). Pain ECHO would start earlier if it stays the same.</i></p> <ul style="list-style-type: none"> <li>○ <i>Same info will be provided, but could appear differently.</i></li> <li>● <i>Also looking at a possible podcast on the topic.</i></li> </ul>
11:30-11:45	<p><b>FEEDBACK</b></p> <ul style="list-style-type: none"> <li>● <i>Going well</i> <ul style="list-style-type: none"> <li>○ <i>We have a new hardware for conferencing (camera/mic combo)</i> <ul style="list-style-type: none"> <li>■ <i>Was it more effective?- The hardware is good, but gotomeeting is not.</i> <ul style="list-style-type: none"> <li>● <i>Will get the link on agenda and in calendar invite</i></li> </ul> </li> <li>■ <i>Need to make sure the link is on the calendar invite</i> <ul style="list-style-type: none"> <li>● <i>Kasey added it for March, it will be there for the rest going forward - (Jackie to add)</i></li> </ul> </li> </ul> </li> <li>○ <i>We are doing well organizing the summit, Paul is doing the movie here in Beaver Tuesday and in Milford the following Tuesday</i></li> <li>○ <i>Paul is a rockstar!</i></li> </ul> </li> <li>● <i>Improvements</i> <ul style="list-style-type: none"> <li>○ <i>We need to put more of a focus on identifying existing resources</i> <ul style="list-style-type: none"> <li>■ <i>We will be working on strategic plan next meeting.</i></li> <li>■ <i>Assignment for all - What is your organization doing for opioids?</i></li> </ul> </li> </ul> </li> </ul>
11:45-12:00	<b>LUNCH SET UP</b>
12:00-12:55	<p><b>OPIOID SUMMIT UPDATES</b></p> <ul style="list-style-type: none"> <li>● <b>Budget</b></li> <li>● <b>Donations</b> <ul style="list-style-type: none"> <li>○ <i>Beaver county coalition is willing to participate.</i></li> <li>○ <i>The dinner is going to be Pulled pork and the meat at least is donated.</i></li> </ul> </li> <li>● <b>Discuss questionnaire</b></li> </ul>
12:55-1:00	<p><b>MARCH MEETING ITEMS</b></p> <p><i>Outstanding member</i></p> <p><i>Location: Beaver Hospital</i></p> <p><i>Date/Time: March 11, 2019 10:00-1:30pm</i></p> <p><i>Project Echo Status</i></p> <p><i>Opioid Summit Report</i></p> <p><i>Family Healthcare Presentation</i></p> <p><i>NHSC Presentation</i></p> <p><i>Strategic Plan (opportunities/gaps)</i></p> <p><i>July Healthcare Summit</i></p>