

Utah Rural Opioid Healthcare Consortium (UROHC)

November 9, 2018

10:00 am-1:30 pm

AGENDA

10:00-10:15	<p>WELCOME AND INTRODUCTION <i>Rita Osborn and Jeanie Willson</i> <i>Consortium Members</i></p> <p><i>In attendance:</i></p> <ul style="list-style-type: none">• Rita Osborn, Southern Utah AHEC• Jeanie Willson, Four Corners Behavioral Health Center• Kasey Shakespear, Southern Utah AHEC• Paul Marshall, Beaver Hospital• Cody Matheson, USARA (Serves Washington Co.)• Angie Edwards-Matheson, Southwest Utah Behavioral Health• David Blodgett, Southwest Utah Public Health Department <p>Certified Peer Support Specialist - Something that might be helpful for this consortium, offered through USARA.</p>
10:20-10:35	<p>PURPOSE AND GOALS OF UROHC <i>Review Purpose</i></p> <ul style="list-style-type: none">• Small numbers problem in Beaver. TB Example in Garfield, they had 1 case of TB out of 4,000 and they now appear to have the highest rate of TB in the Nation.• We need to look at other indicators aside from raw numbers.• Beaver will serve as more of a research area, to figure out a model that can be used in other rural communities. <p><i>Review List of Goals</i></p> <ul style="list-style-type: none">• Pre-Questionnaire - All members need to fill that out.• Memoranda of Understanding/Bylaws draft exists, and will be sent out probably next week.• Training health care workforce trained in MAT<ul style="list-style-type: none">○ Clinically trained individuals that are MAT trained will qualify for loan repayment now.○ Need to make sure that HR reps are aware of this.○ Southern Utah AHEC just received grant to redo HPSA scores
10:35-11:00	<p>BEAVER COUNTY NEEDS <i>Discussion</i></p> <ul style="list-style-type: none">• Do we want to bring in Southwest prevention into the consortium?<ul style="list-style-type: none">○ Rhonda - Pep program in schools, substance abuse coalition for youth, on Intergenerational Poverty Group, LIC, county

	<p>substance abuse coalition.</p> <ul style="list-style-type: none"> ■ Rhonda was concerned that it would be duplication, and that is something we want to avoid. ● No opioid specific prevention happening with Southwest Public Health, but they do have smoking, e-cigarette, etc. ● Michael Kane has written 2 grants for MAT grants and can lend expertise from Southwest Behavioral. ● Need to include dental field in this issue. ● Benzodiazepines - makes the problem significantly worse when combined with opioids. <ul style="list-style-type: none"> ○ Some education is needed. ● Patient assistance program from the drug manufacturers. ● Naloxone is free Naltrexone is expensive (\$5 a day). <ul style="list-style-type: none"> ○ State just expanded Medicaid which could help with this. ● Beaver is doing drug take back days (averaging 7-10 lbs). <ul style="list-style-type: none"> ○ The flushing restriction is listed and there are neutralizing agents ○ We could come up with education material to put out into the community (Prevention, recovery, disposal) ○ 2-1-1 Utah App has been great <ul style="list-style-type: none"> ■ Make sure that all resources on counties are on there, and do some education in community about 2-1-1 <p><i>Overdose rates in Beaver County</i></p> <ul style="list-style-type: none"> ● <p><i>HIV and HCV Concerns</i></p> <ul style="list-style-type: none"> ● Not much of a concern in Beaver. Only a few cases. <p><i>Mini Opioid Summit</i></p> <ul style="list-style-type: none"> ● Not sure what that will look like in Beaver yet. ● Wahlberg foundation video ● April 15ish (inviting High Schools). ● Could hold the event at the high school or Beaver Hospital <ul style="list-style-type: none"> ○ Paul will look for space?
11:00-11:30	<p>CONSORTIUM MEMBERS</p> <p>MEMBERSHIP ROLES</p> <p>GOALS/OBJECTIVES</p> <ul style="list-style-type: none"> ● <p>WORK PLAN/TIMELINE</p> <p><i>Handouts</i></p>
11:35-12:00	<p>OTHER BUSINESS</p> <p><i>Memorandum of Understanding/Bylaws</i></p> <ul style="list-style-type: none"> ● Should be ready by next week. <p><i>Stipends</i></p> <ul style="list-style-type: none"> ● \$4000 total made in two payments.

	<p><i>Federal funds form</i></p> <ul style="list-style-type: none"> • <p><i>Meeting Schedule</i></p> <ul style="list-style-type: none"> • Not Fridays. Wednesdays are bad for Angie. Mondays would work usually. • December 10th (Meetings will be 2nd Monday of every month). • 10:00 a.m. to 1:00 p.m. for meeting time, at Beaver Valley Hospital. <p><i>HRSA Statement on Pamphlets, Press Releases, etc.</i></p> <ul style="list-style-type: none"> •
12:00-1:30	<p>WEBINAR - Workforce Grand Rounds Webinar Series</p> <p>Integrating Opioid Use Disorder Treatment Into Health Workforce Training https://hrsaseminar.adobeconnect.com/pg6eekar1jia/?proto=true</p>

Purpose of UROHC:

The purpose of the Rural Utah Opioid Healthcare Consortium (UROHC) is to address Opioid Use Disorder (OUD) and HIV/HCV through:

1. Creating a consortium with formal structures, members, and a memorandum of understanding
2. Conducting analysis to identify gaps and opportunities in prevention, treatment, and recovery
3. Developing a comprehensive strategic plan to address identified gaps in OUD services
4. Developing a comprehensive workforce plan to address identified gaps in the OUD workforce
5. Completing a sustainability plan that identifies plans for sustaining the consortium
6. Creating training curricula for health providers related to OUD and mental health
7. Building workforce capacity for providers in high need OUD areas
8. Tracking and monitor data specific to OUD in Utah counties, specifically Beaver County

The UROHC will bring together hospitals, federally qualified health centers, and public and behavioral health entities via monthly meetings and two Rural Opioid/HIV/HCV Summits.

These local experts will create plans to combat OUD in Utah. **Prevention** activities will include provider training, community education, and syringe exchanges. **Treatment** interventions will include decreasing stigma of MAT, evidence-based treatment, employee recruitment, and reduction in treatment gaps. **Recovery** efforts will include eliminating OUD recovery gaps, expanding Peer Support Services, and increasing mental/behavioral health.

These objectives are comprehensive of all expected core activities and include three additional capacity-building activities. We will plan and initiate implementation the following activities in this planning grant funding cycle to address the targeted focus areas:

- **Prevent** OUD and fatal opioid overdoses through education of providers using Project ECHO and the UROHC, community education on use of Naloxone, collaboration with the health department and law enforcement to allow syringe exchange services, use of Recovery Support Specialist to engage early on, and general OUD education to reduce stigma
- **Treat** those with OUD by expanding access to evidence-based treatment, increasing knowledge and reducing stigma of MAT, analyzing and implementing data-driven decisions, recruiting employees through use of NHSC, and reducing gaps in services and barriers to treatment
- Assist those in **recovery** from OUD by finding and eliminating treatment gaps/barriers, developing agreements between providers to collaborate between services, expanding Peer Support Services to build recovery capital, and making opportunities available to patients

Utah Rural Opioid Healthcare Consortium Staff

Organization Name	Contact	Title	Phone	Email
Utah Center for Rural Health at Southern Utah University	Rita Osborn	Project PI - Director of Utah Center for Rural Health at SUU	435-448-7100	osborn@suu.edu
Four Corners Behavioral Health	Jeanie Willson	Project Director - FCCBH CFO	435-637-7200 ext. 4	jwillson@fourcorners.ws
Utah Center for Rural Health at Southern Utah University	Kasey Shakespear	Program Coordinator		kshakespear@suu.edu
Utah Center for Rural Health at Southern Utah University	Donna Garrison	Evaluation and Data Consultant		donnalgarrison@gmail.com
Four Corners Behavioral Health	Unfilled	Intern - Carbon/Emery	435-637-7200	
Utah Center for Rural Health at Southern Utah University	Samantha Thompson	Intern - Beaver		samanthathompson4@suu.edu

Staffing Plan for UROHC Leadership Team				
Key Personnel				
Name	Title	Organizational Affiliation	FTE on Project	Main Roles
Rita Osborn	Principal Investigator	Southern Utah AHEC/Utah Center for Rural Health	.04 FTE	Overall coordinator for UROHC, including program management, personnel, effectiveness of activities, communication, data collection, program reports, and grant fiscal management. Will oversee contracts, sub-awards, consultants, and reports.
Jeanie Willson	Project Director	Four Corners Community Behavioral Health	.25 FTE	Management, oversight and implementation of UROHC activities, including objection completion, grant reporting, consortium membership management, and community outreach. Will also provide oversight of the summit and other events.
Donna Garrison	Evaluation and Data Consultant	Southern Utah AHEC/Utah Center for Rural Health	.15 FTE	Support UROHC via tracking and data collection for the state of Utah. Will participate heavily in assessment and objective tracking.
Kasey Shakespear	Coordinator	Southern Utah AHEC/Utah Center for Rural Health	.10 FTE	Provide logistical and organizational support for the daily activities of UROHC via direction from the PI and Project Director. Will be involved in event planning.
Other Personnel				
TBD	Carbon/Emery Intern	TBD (through subcontract with FCCBH)	.25 FTE	Support UROHC in overseeing programs and activities related to Emery and Carbon Counties, UT and will support Project Director in all aspects of UROHC. Will be physically located in Emery or Carbon County.
Samantha Thompson	Beaver Intern	TBD	.25 FTE	Support UROHC in overseeing programs and activities related to Beaver County, UT and will support Project Director in all aspects of UROHC. Will be physically located in Beaver County.

Utah Rural Opioid Healthcare Consortium Member List

Organization Name	Member/Alternate	Title	Phone	Email
Carbon/Emery Members:				
Castleview Hospital	Arin Alderson Grant Barraclough	Nurse Administrator		arin.alderson@lpnt.net grant.barraclough@lpnt.net
Four Corners Community Behavioral Health	Karen Dolan Jeanie Willson	CEO CFO	435-637-7200	kdolan@fourcorners.ws Jwillson@fourcorners.ws
Green River Medical Center (FQHC)	Paula Dunham	Exec. Director	435-820-1140	paula@grmc.biz
Carbon Medical Services Association (FQHC)	Joe Morrison	Family Nurse Practitioner	435-888-4411	joe@carbonmedicalservice.com
Southeast Utah Health Department	Debbie Marvidakis Brady Bradford	Director	435-637-3671	dmarvidakis@utah.gov bbradfor@utah.gov
USU Health Extension: Advocacy, Research & Teaching (Heart)	Ashley Yaughner	Assistant Professor	435-636-3276	ashley.yaughner@usu.edu

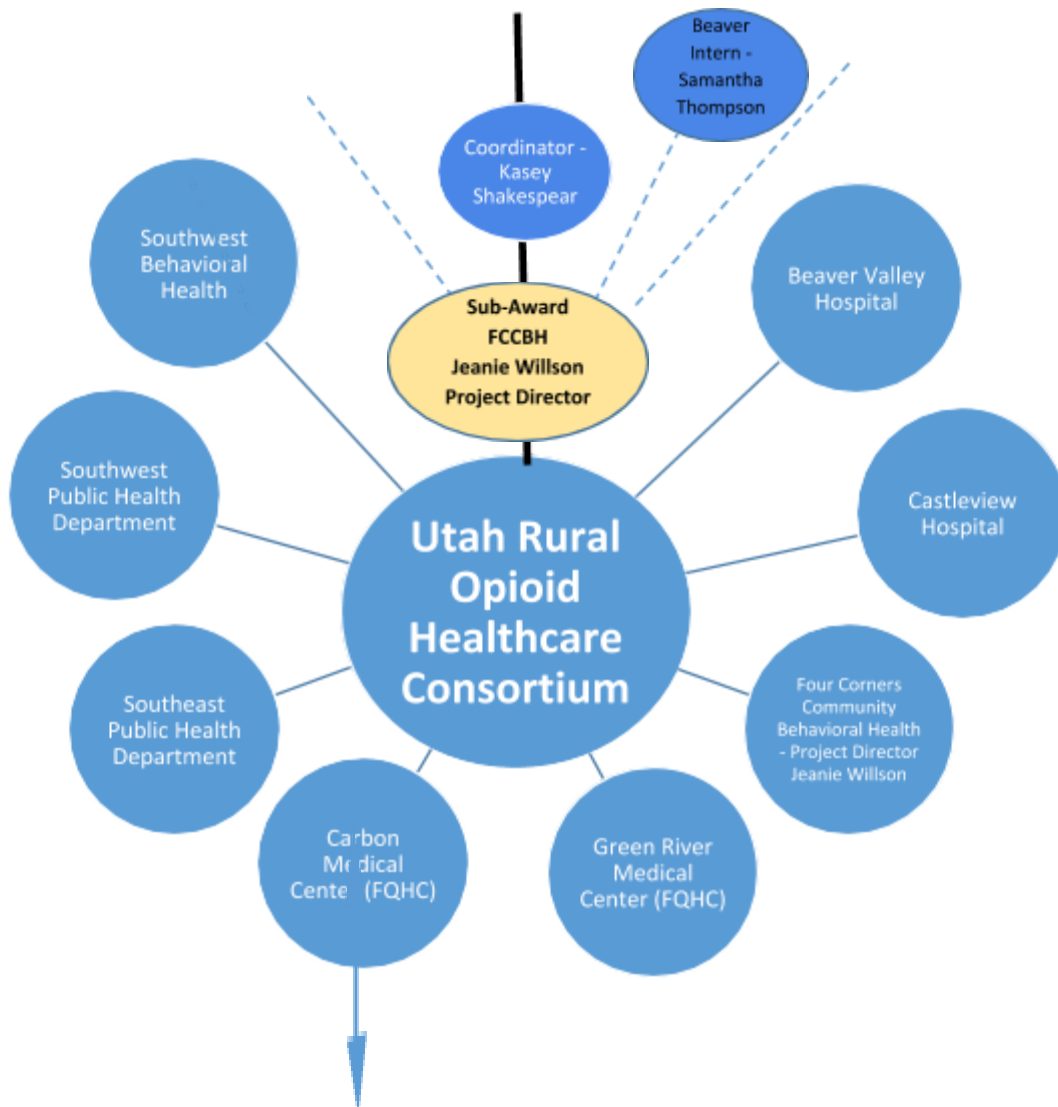
Program		-Program Coordinator		
Beaver County Members:				
Beaver Valley Hospital	Paul Marshall	Administrator	435-448-7100	plmarshall@beaverhospital.net
Southwest Behavioral Health Center	Angi Edwards-Matheson Mike Deal	Representative Exec. Director		amatheson@sbhcutah.org mdeal@sbhcutah.org
Southwest Public Health-Beaver	Gary House Dave Blodgett			ghouse@swhealth.org

Support Organizations

Organization Name	Member/Alternate	Title	Phone	Email
Family Healthcare (FQHC)	Lori Wright	CEO		lori@familyhc.org
Utah Coalition for opioid Overdose Prevention	Anna Fondario	Program Manager	801-538-6201	afondario@utah.gov
Office of Primary Care and Rural Health - UDOH	Matt McCullough	Director	801-273-6619	mmccullough@utah.gov
University Of Utah Nursing	Linda Edelman		801-865-4741	lina.edelman@nurs.utah.edu
Southwest Prevention - Beaver County Southwest Behavioral Health	Ronda Hutchings	Prevention Specialist		rhutchings@sbhcutah.org
HRSA	Christin Mead			cmead@hrsa.gov
SAMHSA (Substance Abuse and Mental Health Services Administration)	Charles Smith			charles.smith@samhsa.hhs.org
Project Echo	Christina Choate			christina.choate@hsc.utah.edu
Utah Aids Education and Training Center	Laura Martel			laura.martel@hsc.utah.edu

Organizational Chart





UROHC Support Organizations

- Utah Coalition for Opioid Overdose Prevention
- Office of Primary Care and Rural Health
- Family Healthcare (FQHC)
- University of Utah College of Nursing
- Project ECHO
- Utah Division of Substance Abuse and Mental Health
- Utah AIDS Education and Training Center

